

WHAT IS STEPS?

Steps to a Healthier Rockland County envisions communities where health is a priority, active living is promoted, disease is prevented, and residents naturally engage in behaviors that lead to longer and healthier lives. As a result of Steps initiatives, community residents are better prepared to take personal responsibility for their health and the community is empowered to adopt healthy lifestyles and reduce the burden of chronic disease.

THE STEPS MODEL IN ROCKLAND COUNTY

