



# Summer Salad Club

**JOIN US FOR A GARDEN FRESH LUNCH!**

## **GUIDELINES**

### **Salad Club Rules:**

- **Pick one day per week and set time to hold the salad club (ie. Tuesdays)**
- **You should provide your own salad dressing**
- **Please chop/slice/etc. ingredients before *set time* and place in serving dish**
- **Ingredients will not be mixed together**
- **Each week there will be a different salad**
- **Additional salad recipe suggestions should be given to *Salad Club Coordinator***
- **Someone will be assigned by the Salad Club Coordinator to set up and clean up each week**
- **Each recipe serves between 12 and 15 people**
- **If there are more people interested in participating than ingredients, suggest that fruit or a healthy snack to be brought in addition to the salad**

