



Salad Club

JOIN US FOR A GARDEN FRESH LUNCH!

This week's salad (__/__/__) is an
ITALIAN FARMER'S MARKET SALAD!

Please sign up to bring in one of the following ingredients.

* One person per ingredient except where noted

INGREDIENTS	QUANTITY/PREPARATION	NAME
ROMAINE LETTUCE	2 heads	
ARUGULA	2 bunches, cleaned and chopped	
MESCLIN LETTUCE	1 bag	
MUSHROOMS	10 oz., cleaned and chopped	
RED PEPPERS	2, diced	
FRESH BASIL	1 bunch, chopped	
TOMATOES	6, chopped	
HEARTY ITALIAN BREAD	1 loaf	
FRESH MOZARELLA/BOCCONCINI	1 lb., cubes or rounds, fresh	
EGGPLANT	1, skinned and chopped	
ZUCCHINI	1, chopped	
MARINATED ARTICHOKE SALAD	1 jar, at least 8 oz	

